



# What is Shame?

---

PASTOR VERN PELTZ

## Examples:

---

‘Shame on You’

‘You should be Ashamed of Yourself’

‘Don’t you have any Shame?’

The Hand Gesture for Shame

The questions that came in:

---

1. What is Shame? (How do we describe it?)
2. If we don't use it, how do we motivate someone...?

# I. What is Shame?

---

(HOW DO WE DESCRIBE IT?)

## Luke 9:26 (NKJV)

---

[26] “For whoever is ashamed of Me and My words, of him the Son of Man will be ashamed when He comes in His own glory, and in His Father's, and of the holy angels.

### (G1870 - Ashamed)

“from 1909 and 153; to feel shame for something:--be ashamed.”

> #1909: “Put on, over, superimpose”

> #153: “Disfigurement, Disgrace”

## Acts 5:41 (NKJV)

---

[41] So they departed from the presence of the council, rejoicing that they were counted worthy to suffer shame for His name.

### (G818 - Shame)

“from 820; to render infamous, i.e. (by implication)

contemn or maltreat:--despise, dishonour, suffer shame, entreat shamefully.”

## Romans 5:5 (KJV & NKJV)

---

[5] And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.

[5] Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.

## (G2617 - Ashamed)

---

“from 2596 and 153; to shame down, i.e. disgrace or (by implication) put to the blush:--confound, dishonour, (be a-, make a-)shame(-d).”

> Root words: #2596: “Down”

#153: “Disfigurment, Disgrace”

## Webster - Shame

noun

\ 'shām \

Definition (Entry 1 of 2)

- 1a: a painful emotion caused by consciousness of guilt, shortcoming, or impropriety
- b: the susceptibility to such emotion  
//have you no shame?
- 2: a condition of humiliating disgrace or disrepute
- 3a: something that brings censure or reproach-also: something to be regretted
- 3b: a cause of feeling shame

## Webster - Shame

verb

shamed; shaming

Definition (Entry 2 of 2)

- transitive verb
- 1: to bring shame to : DISGRACE  
//shamed the family name
- 2: to put to shame by outdoing
- 3: to cause to feel shame
- 4: to force by causing to feel guilty  
//shamed into confessing

---

“Guilt” - I’ve done something wrong.  
(Behavior)

“Shame” - I am wrong.  
(Personal. My Value)

## II. Origin of Shame.

Genesis 3:6-10  
(NKJV)

[6] So when the woman saw that the tree was good for food, that it was pleasant to the eyes, and a tree desirable to make one wise, she took of its fruit and ate. She also gave to her husband with her, and he ate. [7] Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves coverings.

## II. Origin of Shame.

Genesis 3:6-10  
(NKJV)

[8] And they heard the sound of the LORD God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the LORD God among the trees of the garden.

## II. Origin of Shame.

Genesis 3:6-10  
(NKJV)

[9] Then the LORD God called to Adam and said to him, "Where are you?" [10] So he said, "I heard Your voice in the garden, and I was afraid because I was naked; and I hid myself."

# “Shame”

- It causes us to hide ourselves.
- Fear also causes us to hide.
- Fellowship / Closeness are broken.
- Separation takes place.

## III. God’s response to Shame.

---

### ROMANS 5:5 (KJV)

[5] And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.

### ROMANS 15:13 (NKJV)

[13] Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.

## Romans 9:30-33 (NKJV)

---

[30] What shall we say then? That Gentiles, who did not pursue righteousness, have attained to righteousness, even the righteousness of faith;

## Romans 9:30-33 (NKJV)

---

[31] but Israel, pursuing the law of righteousness, has not attained to the law of righteousness. [32] Why? Because they did not seek it by faith, but as it were, by the works of the law. For they stumbled at that stumbling stone.

## Romans 9:30-33 (NKJV)

---

[33] As it is written: “Behold, I lay in Zion a stumbling stone and rock of offense, And whoever believes on Him will not be put to shame.”

## Romans 10:8-13 (NKJV)

---

[8] But what does it say? “The word is near you, in your mouth and in your heart” (that is, the word of faith which we preach): [9] that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.

## Romans 10:8-13 (NKJV)

---

[10] For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation. [11] For the Scripture says, “Whoever believes on Him will not be put to shame.”

## Romans 10:8-13 (NKJV)

---

[12] For there is no distinction between Jew and Greek, for the same Lord over all is rich to all who call upon Him. [13] For “whoever calls on the name of the LORD shall be saved.”

---

Once we are saved, the Holy Spirit helps us and motivates us to change our behavior by showing us what we're capable of, and what's stopping us from reaching that goal. Rather than just diminishing our value and behavior for something that was done incorrectly.

## John 16:8-11 (NKJV)

---

[8] "And when He has come, He will convict the world of sin, and of righteousness, and of judgment: [9] "of sin, because they do not believe in Me; [10] "of righteousness, because I go to My Father and you see Me no more; [11] "of judgment, because the ruler of this world is judged.

---

Faith works by Hope, not by criticism.  
(Romans 5:13 - God is the God of Hope) It motivates by focusing on what we can do, rather than making someone feel badly about something they didn't do correctly.

## Hebrews 11:1-2 (AMP)

---

[1] NOW FAITH is the assurance (the confirmation, the title deed) of the things [we] hope for, being the proof of things [we] do not see and the conviction of their reality [faith perceiving as real fact what is not revealed to the senses].

## Hebrews 11:1-2 (AMP)

---

[2] For by [faith — trust and holy fervor born of faith] the men of old had divine testimony borne to them and obtained a good report.

As a Christian, it is not our right or in our authority to place any form of Shame on anyone  
– especially fellow believers.

---

## Genesis 3:6-10 (NKJV)

---

[6] So when the woman saw that the tree was good for food, that it was pleasant to the eyes, and a tree desirable to make one wise, she took of its fruit and ate. She also gave to her husband with her, and he ate. [7] Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves coverings.

## Ephesians 1:17-18 (NKJV)

---

[17] that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, [18] the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints,

## Ephesians 3:18-19 (NIV)

---

[18] may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, [19] and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

---

[7] Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves coverings.

---

[8] And they heard the sound of the LORD God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the LORD God among the trees of the garden.

[9] Then the LORD God called to Adam and said to him, “Where are you?”

---

[10] So he said, “I heard Your voice in the garden, and I was afraid because I was naked; and I hid myself.” [11] And He said, “Who told you that you were naked? Have you eaten from the tree of which I commanded you that you should not eat?”

---

[7] Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves coverings.

## (What is that Thinking:)

---

Because something in our life is a mess,.....

- > People will find out and think less of us.
- > People will find out and realize how bad a person.....
- > And that feeling comes up: we're ashamed.
  - embarrassed,
  - we know we won't receive Love, Support, Empathy, Understanding, being Valued

## (What is that Thinking:)

---

- we'll be Criticized, Judged, Made Fun of, Ridiculed, Devalued, Labeled, Looked Down on, Disfigured, Disgraced, Etc.

> Mix that feeling with Fear: we go into hiding.

- Fear of what?? (The Shame)

---

[10] So he said, "I heard Your voice in the garden, and I was afraid because I was naked; and I hid myself." [11] And He said, "Who told you that you were naked? Have you eaten from the tree of which I commanded you that you should not eat?"

## Genesis 3:1-5 (NKJV)

---

[1] Now the serpent was more cunning than any beast of the field which the LORD God had made. And he said to the woman, “Has God indeed said, ‘You shall not eat of every tree of the garden’?” [2] And the woman said to the serpent, “We may eat the fruit of the trees of the garden;

## Genesis 3:1-5 (NKJV)

---

[3] “but of the fruit of the tree which is in the midst of the garden, God has said, ‘You shall not eat it, nor shall you touch it, lest you die.’” [4] Then the serpent said to the woman, “You will not surely die. [5] “For God knows that in the day you eat of it your eyes will be opened, and you will be like God, knowing good and evil.”

# “Shame”

- It emotionally bonds us to our Choices / Behaviors.  
(No escape / recovery is available)
- Something is Wrong with me / in me.
- I am Less Than. I don't measure up.
- I am Broken / Flawed / Defective.
- I'm somehow Damaged beyond others.
- I am UnLoveable / UnLoved.
- It Belittles, Demeans, Puts others Down /Beneath.
- It often Labels a person for Life.

# “Shame”

- Produces a person who is limited in life because of their flaws.
- They are Fearful, Self-conscious, Low Self-esteem, Loss of Confidence, etc. because they don't feel Accepted, Loved, Valuable.
- Produces Rebellion, Hate, etc. – because “I'm Not Good Enough for.....so, I retaliate against.....”
- It results in Rejection of the Person, separating ourselves from them to teach them a lesson so they change who they are.
- If they continue to choose poorly, we want nothing to do with them - Shunning.

## “Shame”

- It causes us to hide ourselves.
- Fear also causes us to hide.
- Fellowship / Closeness are broken.
- Separation takes place.

## “Love”

- Separates us from our Choices / Behaviors / Mistakes  
(Never to be remembered against us again)
- Our Value / Worth is not Determined by our Choices / Behaviors / Mistakes
- Separates the Actions of a person from their Value.  
Valuing them as a person, despite their choices, behaviors, actions.

## “Love”

- Results in bringing the person closer in an effort to influence them in their choices / behaviors, because we want the best for them.
- If they continue to choose poorly, we will walk alongside of them in life in an effort to understand them and help them fix what is broken. (70 x 7)
- There is Never any Rejection of the Person to cause them to conform.

## “Love”

- It does not Disfigure, Disgrace, Label, or use Rejection.
- It tries to Encourage, Edify, Free the other person from Limits or Bondage.
- It Produces people who are outward focused and conscious. People of Empathy, Understanding, and Compassion.
- It leaves them feeling Valued, Accepted, Graced, Welcomed, with nothing to Measure Up To.

Prophecy

- 'The Pretenders' (5/14/06)

---